



COMMUNICABLE DISEASE PLAN 2022

Step One: Understanding the risk

The Community Counselling Centre (CCC) is committed to the safety of our clients, staff, and their families. To ensure everyone's safety the Executive Director, Clinical Coordinator, and/or the Northern Community Counselling Centre Society (NCCCS) board will on a weekly basis monitor and review communicable disease related information issued by our provincial health officer as it relates to providing in-person counselling services. This information includes any orders, guidance, notices, and recommendations issued by the provincial health officer.

Step Two: Implement measures, practices, and policies to reduce risk

Ongoing Measures

Symptom Response

1. Staff are expected to monitor their physical health and at the sign of one (1) of the following symptoms:
 - a. Sore throat
 - b. Coughing
 - c. Loss of sense of smell or taste
 - d. Fever or chills
 - e. Shortness of breath
 - f. Extreme fatigue or tiredness

Are required to:

- a. Call Ministry of Health (8-1-1) and/or take the self-assessment tool <https://bc.thrive.health/covid19/en> to determine if testing and/or isolation is required
- b. Inform the Executive Director of illness so that clients may be rescheduled
- c. If a test is not required, staff will isolate until symptoms have resolved
- d. If a staff member tests positive for COVID and is fully vaccinated (had two full doses of any WHO approved COVID vaccine) they will be required to self-isolate at home for 5 days AND until their symptoms improve AND they no longer have a fever
- e. If a staff member tests positive for COVID and is NOT fully vaccinated (does not have a full series of WHO approved COVID vaccine) they will be required to self-isolate for 10 days AND until they no longer have a fever AND your symptoms have improved.

Sanitization

1. Staff will be required to support the sanitization of the facility at the beginning, middle, and end of their shifts following the recommendation of PHO that facilities are required to sanitize every 4 hours.
2. Staff will share the responsibility of sanitizing main gathering areas such as the front desk, waiting room coffee bar, all technology (e.g., telephones, computers, etc.), door handles, and lunchroom.
3. Each staff will be responsible for cleaning their office space after each session whether session is held in person or via telehealth
 - a. Staff will be expected to end session at the 50–55-minute mark to allow for time to sanitize their space
 - b. Staff will ensure that the client tissue box is accessible to their client so that they may grab tissues as needed
 - c. It is expected that at the end of their shift that staff will sanitize the phone, table, tissue box, and door handles
4. Staff will sanitize the washroom keys after each use by using either disinfectant wipes or spray



Handwashing and Germ Spread Prevention

1. We expect that all staff will wash their hands according to the BCCDC Handwashing standards (see attached poster).
 - a. The CCC will provide hand sanitizer in the following locations
 - i. Each office space
 - ii. Front desk spaces
 - iii. Front entrance
 - iv. Staff lunchroom
2. We expect that all staff will implement appropriate Germ Spread Prevention protocol at all times throughout their shift as directed by the BCCDC COVID-19 Prevention Standards (see attached poster)
3. The CCC will also allow, with permission from the Executive Director, staff to shorten the length of their shifts to limit the number of staff in the office.
4. Staff will ask all clients to remain in their vehicles prior to their session to limit the amount of people in the waiting room. The client may enter the waiting room no more than 5 minutes prior to session.
 - a. If the client prefers, they may organize with their counsellor to be called into the office once the counsellor is ready for session.
 - b. If client does not have a vehicle or cell phone, they are welcome to wait in the waiting room no more than 5 minutes before session
 - c. If the waiting room has reached occupancy limit of two (2) clients, clients will be provided a seat out in the hallway outside of the office to maintain appropriate physical distancing
5. Clients will attend session alone unless they require a support person. Once client has safely entered the building and is in the waiting room the support person will be asked to return to their vehicle (if possible) to reduce the number of people in the waiting room. The client or staff member will call the support person to notify them that the client is ready to leave the office.
 - a. If the client is receiving transportation from someone, their transportation will be asked to remain in their vehicle during the client's appointment.
6. The CCC will make all attempts possible to ensure the minimum requirements of 2 meters (6 feet) for physical distancing. A maximum of two (2) counsellors in the front are allowed at any given time, one at the front desk and one at the side desk. Unless no clients are in the waiting at which time a maximum of four (4) counsellors in the front are allowed, one at the front desk, one at the side desk, and two in the waiting room chairs.

Air Ventilation

1. The CCC has provided the following spaces with Germguardian Air Purifiers (Hepa filtration and UV sanitization)
 - a. Waiting room
 - b. All office spaces
 - c. Video review room
2. Air filters will be replaced every 6-8 months as recommended by the manufacturer
3. Staff will notify the director if an air purifier is requiring a new filter or of any malfunctioning units
4. Staff will ensure that the waiting room air purifier will be turned on each morning and turned off each night. The settings will be as follows: Fan setting three (3), timer OFF, UV protection ON
5. Staff will also ensure that office air purifiers are turned on at the beginning of the day and turned off at the end of the day
 - a. The air purifiers will be set to a minimum of fan speed two (2) and will have UV protection ON at all times

Vaccination

1. The CCC will allow each staff member 3 hours during work hours should they wish to access Health Authority Vaccination services either through a booked appointment or walk-in clinic.



Face Coverings

1. The CCC will follow the recommendations of the PHO which allows each agency/establishment to use their discretion with respect to face coverings.
2. The CCC at this time does not require staff or clients to always wear face coverings, however, should a client/staff feel that they would prefer to resume wearing a face covering they are welcome too
3. A staff member or client hold the right to request at any time for the other party to wear a face covering during session
 - a. Should this request not be agreed to by both parties, the session will be cancelled and rescheduled as a telehealth session
 - b. If the client does not agree to a telehealth session the concern will be brought forward to the Executive Director
4. It is important to note that the staff and Executive Director will continue to monitor the safety of all clients and staff with respect to face coverings and should it be deemed appropriate may at any time re-instate mandatory face coverings upon entry.

Additional Measures during times of elevated risk

1. The CCC will follow all directions from the provincial health officer and our regional health authority.
2. The CCC will follow all orders, guidance, recommendations, and notices issued by the provincial health officer as it relates to our industry and region.
3. Depending on the guidance that public health officials provide us, we may need to assess the Centre to identify areas, activities, and process that may pose a risk to our staff and clients. This assessment may result in requiring the implementation of appropriate control measures to reduce the risk as advised by Public Health and WorkSafeBC. All staff will be informed by the Executive Director and/or Clinical Coordinator of any changes that may occur. Staff will then in-turn inform their clients.

Step 3: Communicate measures, practices, and policies

All staff will be provided with COVID-19 workplace policies at the start of their practicum which will also be reviewed by the Executive Director during orientation. All COVID-19 measures, practices, and policies will be accessible to each staff member on the shared staff drive. Appropriate COVID-19 signage will be posted around the center in highly visible areas for all staff and clients. All supervisors i.e. Clinical Director, Clinical Coordinator will be up to date on any measures, practices and policies and will implement these during contact with staff and/or clients. Should any of the measures, practices, and/or policies conflict with ensuring the privacy and confidentiality of our clients the concern will be brought to the attention of the Centre Director by the staff member. If the Centre Director is unable to resolve the issue directly, they will bring the concern to the attention of the Clinical Coordinator and NCCS board if needed.

Step 4: Monitor workplace and update plan as necessary

The Centre Director, Clinical Coordinator, and NCCCS board will monitor on a monthly basis any measures, practices, and policies that are in place regarding maintaining a safe work environment as it relates to the current risk level within our province and regional health authority. The staff will also support in the monitoring of the measures, practices, and policies by informing the Centre Director and/or Clinical Coordinator of any concerns. In the event of a concern or change in risk level (as indicated by the PHO or regional health authority) the current plan will be adjusted accordingly, provided to each staff member by the Centre Director, and posted on the shared staff drive. If this updated plan impacts clients in any way, each staff member will be responsible for informing each of their clients.



Coronavirus COVID-19

BC Centre for Disease Control | BC Ministry of Health



Hand Hygiene

SOAP OR ALCOHOL-BASED HAND RUB: Which is best?



Either will clean your hands: use soap and water if hands are visibly soiled.



Remove hand and wrist jewellery

HOW TO HAND WASH



1
Wet hands with warm (not hot or cold) running water



2
Apply liquid or foam soap



3
Lather soap covering all surfaces of hands for 20-30 seconds



4
Rinse thoroughly under running water



5
Pat hands dry thoroughly with paper towel



6
Use paper towel to turn off the tap

HOW TO USE HAND RUB



1
Ensure hands are visibly clean (if soiled, follow hand washing steps)



2
Apply about a loonie-sized amount to your hands



3
Rub all surfaces of your hand and wrist until completely dry (15-20 seconds)

COVID19_HH_001



Ministry of Health



BC Centre for Disease Control

If you have fever, a new cough, or are having difficulty breathing, call 8-1-1.



Coronavirus COVID-19

BC Centre for Disease Control | BC Ministry of Health

Coronavirus Prevention



Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.



Avoid touching your eyes, nose, and mouth with unwashed hands.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid close contact with people who are sick.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick.



WEARING A MASK IS NOT AN EFFECTIVE MEASURE TO KEEP YOURSELF SAFE FROM VIRAL INFECTION.

